

# HIGH FLYER

IN GOD WE TRUST, ALL OTHERS WE MONITOR

VOL. 11, ISSUE 15

SERVING THE BEALE AIR FORCE BASE, CALIF., COMMUNITY

APRIL 13, 2007

## Phase one teaches valuable lessons

By Airman 1st Class George Cloutier  
9th RW Public Affairs

Airmen from across Beale took part in a Phase one operational readiness exercise Monday through today.

The purpose of the exercise was to evaluate the deployability of Beale's assets, isolate problem areas in the deployment process and make the necessary corrections.

"A phase one exercise is designed to test the unit's ability to transition from peacetime readiness to wartime posture," said Gary Schroeder, 9th Reconnaissance Wing Plans and Programs chief of wing exercise programs. "The exercise evaluates our ability to 'get out of town.' This includes generating aircraft for deployment and mobility processing personnel and cargo to forward deploy."

Phase one exercises task a larger than normal number of people to test problem areas in the deployment process.

"Phase one exercises will point out

roadblocks in the deployment system that may not get pointed out when only 10 to 20 people deploy," said Capt. Amy Burns, 9th RW XP Exercise Evaluation Team chief. "During a phase one, the Inspector General can task up to 500 people. These large taskings create challenges that aren't seen on a day to day basis, such as palletizing 200 weapons and ammo, or 300 mobility bags."

After the phase one is complete, EET members collect the information gathered from the exercise to isolate the strong and weak areas of performance. This information will be used in planning the next Operational Readiness Exercise, which is scheduled to take place in August.

According to Captain Burns, this year's OREs are preparation for next year's Operational Readiness Inspection, which everyone needs to be prepared for.

"Commanders need to ensure their reporting tools are up to date and that

see PHASE page 3



Senior Airman Jonathan Belcher, 9th Aircraft Maintenance Squadron crew chief, and Staff Sgt. Jason Lawrence Ricks, 9th Civil Engineer Squadron fire fighter, secure cargo Tuesday during the phase one exercise. (Photo by Airman 1st Class George Cloutier)

## BX offers new products, services

By Airman 1st Class  
George Cloutier  
9th RW Public Affairs

Beale's Base Exchange will soon be offering new services, products and a new store layout.

New developments scheduled for 2008 include renova-

tions to the BX, new product lines, a new floor plan, a taxi service and a coffee shop, among others. The changes come as a product of new store management under Cathy Ely, Beale BX manager.

"Our main goal is to be our

see EXCHANGE page 3

## Youth Center kids raise money for cancer research

By Airman 1st Class George Cloutier  
9th RW Public Affairs

A group of children from the Beale Youth Center has raised almost \$1,000 to help fight cancer.

The children of Gina Berry's class came up with their own original project of selling links of paper for 25 cents each to benefit the American Cancer Society's "Relay For

Life."

The "Relay For Life" is a nation wide drive in which competing teams attempt to walk for as long as possible.

The competition is symbolic of the struggle against cancer.

"We wanted to help people who have cancer," said Taylor Fuentes, a second grader at Lone Tree Elementary School."

see RELAY page 4

### INDEX

Editorial: Page 2

News: Pages 3-4

Information: Pages 5-9

Community: Pages 10-11

Services: Pages 14-15

Classifieds: Pages 16-17

Beale volunteers will be honored April 20 at the Community Center. For more information, see Page 11.

The Beale Officer's Christian Fellowship presents David Nevue on April 15. See more on Page 8.



## OPEN LINE



*The Open Line is your direct line to the 9th Reconnaissance Wing commander. The Open Line is used to ask questions, make suggestions, or give thanks for a job well done. The most efficient way to solve an issue is to work through the relevant office and use the chain of command. If you are unable to resolve the issue, or are not satisfied with the response, call the Open Line. If*

*you would like to receive a response, leave your name and phone number with your message. Open Lines of general interest will be published in the High Flyer; others will be answered by letter, phone or in person.*

**Open Line number:**  
634-8888

**Open Line e-mail:**  
9RWPA@beale.af.mil

**Brig. Gen. H. D. Pumbo, Jr. is the 9th Reconnaissance Wing commander at Beale. (Photo by John Schwab)**

# Rorke's drift: Technology meets teamwork

*By Maj. Jeffrey Stremel  
9th Munitions Squadron  
commander*

The year was 1879, and the British Empire was at war with the Zulu Kingdom in Africa.

At first, it might seem to be a one-sided conflict. The British were armed with cartridge-fed rifles.

The Zulu's main weapon was a short thrusting spear, with a few flintlock rifles.

However, the exceptional bravery and ferocity, warrior culture, and sheer numbers, made the Zulus a formidable adversary. Two major battles occurred on January 22 of that year.

The first was at Isandlwana where a 1,400-man contingent was attacked by the main Zulu army.

The British were unable to put forth an organized defense and the battle resulted in a humiliating defeat for the British -- only 60 men escaped with their lives.

The Zulu reserve force was upset because they didn't have an opportunity to take part in the battle -- it hadn't lasted long enough.

To return home without "washing their spears" would have been an embarrassment.

An attack on the small outpost at nearby Rorke's Drift seemed like a good alternative.

The soldiers at Rorke's Drift had word about the ear-

lier battle which gave them a few hours to prepare for the attack. The British had 139 personnel, 30 of whom were already hospitalized. They formed a defensive perimeter with their provisions by stacking boxes and bags of meal chest high, set out an observation post, and waited.

That afternoon, 4,000 Zulus attacked the position en masse.

Superior British firepower repulsed the initial attacks.

It became evident that they would be unable to hold the entire perimeter for any length of time, so the British withdrew into a smaller perimeter. This enabled them to better support one another not just with rifle fire, but also with bayonets.

The British had been training extensively with the bayonet, which probably seemed like a waste of time to a soldier with a cartridge-fed rifle.

However, their bayonets outreached the Zulu's spears; this gave them a decided advantage in hand-to-hand combat.

The British started the battle with 20,000 rounds of ammunition. By the time the Zulu broke off the engagement, they were down to about 10 rounds per person.

They could not have held out for much longer. This battle was as lopsided as the first, but in the other direction; it resulted in only 17 British dead. Zulu deaths

were estimated to be close to 500.

What makes these battles important to us today?

I think there are several clear lessons for us.

First, it is important to possess a technological advantage over your adversary. The Zulu spear was no match for the British rifles.

Our Air Force is actively acquiring new state of the art aircraft for the same reason. It just doesn't pay to be in a fair fight.

Second, superior technology, by itself, is not enough. The superior weapons of the British didn't make any difference at Isandlwana, where they were soundly defeated.

It takes a large measure of teamwork, preparation and effort to effectively employ any weapon system. It is not enough for us to just buy new aircraft.

We are going to have to maintain our strong work ethic, close teamwork and a commitment to training to carry the day.

That leads to the third point: Proper training makes a difference.

The British's extensive bayonet training proved to be of immeasurable worth.

We can never let up on training if we are to be successful.

Last, we have to be able to support the new weapon systems. If the British had run out of ammo at Rorke's Drift,



**Maj. Jeffrey Stremel**

their day would have ended quite differently.

The same is true today. As new systems come on line we need to make sure we have everything to support both the aircraft and the people.

This is more than just bombs and fuel. It is everything we need to conduct business: tools, technical data, training, time and facilities.

I am confident the Air Force is headed down the right path.

It is exciting to see new aircraft on the ramp. But don't forget the rest of the story.

Once we get new iron on the ramp, the work has only just begun.

*Information for this article was taken from Battle Analysis by Capt Arch Ratliff III in the Jan/Feb 03 issue of Armor Magazine and Wikipedia.*

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**EXCHANGE** from page 1

customers' first choice by providing high quality goods and services at low prices and provide great customer service," Ms. Ely said. "In an effort to provide the best service, we'll be creating more opportunities for our customers. We want to bring the people on base more variety."

The new BX floor plan will be laid out for easier access, Ms. Ely said. Major changes include the relocating of the electronics section to the current linens section.

"A new taxi service will also be soon available to Team Beale members to aid with shopping and transportation needs," Ms. Ely said. "Families with one car, who would have to wait until their spouse returns, will no longer have to be stuck at home. The taxi

will also travel off base."

The new coffee shop, which is currently out for solicitation, will be located in the currently vacant location next to the barber shop.

Ms. Ely said she also plans to hold more sidewalk sales, as well as start quarterly bazaars featuring vendors from the local communities.

The next side walk sale is Saturday and Sunday.

BX customers can also take advantage of the price matching policy. The BX will match the price of any item found at a cheaper price at any store within 50 miles.

The BX will also be holding a customer service index survey in June, which will give BX shoppers a chance to give their input on BX products and services.

**PHASE** from page 1

their people are ready to go," Captain Burns said.

Unit Deployment Managers need to know the Air Force Instruction for deployments. UDMs need to ensure mobility folders are up-to-date, prepare cargo and keep their commanders informed, according to Captain Burns.

Deployable members need work with their UDMs to ensure their mobility records are complete and that they understand the deployment process, Captain Burns said.

"We are all in this together and it is going to take all of us to come out on top," the captain said. "One Team, One Fight."

LIKE TO HAVE FUN?  
HAVE A PLAN



B.A.A.D.D.

BEALE AIRMEN AGAINST DRUNK DRIVING

634-5555



# ENLISTED Voices



## Ambassadors in Blue

By Master Sgt. Richard Conner  
9th Intelligence Squadron first sergeant

What comes to mind when you see Ambassadors in Blue?

I know you're probably thinking of the Air Force Band. Actually, it's the term I like to use to describe Airmen.

We all have the inherent responsibility to represent ourselves as the professionals that the Air Force has trained us to be. Regardless of rank, position or duty title, you're a spokesperson for the Air Force.

Have you ever heard that "perception is reality" or "actions speak louder than words"? I can't think of two better phrases when talking about being an ambassador for the Air Force.

When Air Force members are acting inappropriately, the general public sees the

Air Force in a bad light.

A case in point: Last year the headlines in a local paper stated, "Beale Airman kills police officer." Although the individual actually had separated about six months prior to this DUI accident, the damage was done since the headlines mentioned the term Airman.

What's my point?

Remember that whatever you do anywhere is a reflection on the Air Force. Airmen, let us try to be professional at all times by acting wisely.

The next time you are on leave or just downtown, bear in mind that you're the walking and talking Ambassadors of the United States Air Force. Embody the core values on and off duty and on and off base.

You will never go wrong with that. Be the Ambassadors in Blue ... do it!

# WARRIOR SPOTLIGHT

## Staff Sgt. William Nations

**Unit:** 9th Munitions Squadron

**Job:** Munitions Support crew chief

**Hometown:** Olathe, Kan.

**Air Force goals:** To earn a bachelor's degree, earn additional rank and possibly make the Air Force a career

**Time in the Air Force:** Five years

and one month

**Hobbies:** Hiking, sports and guitar

**The thing I like best about Beale**

**AFB:** Our relative isolation from big cities



Staff Sgt. William Nations is a Munitions Support crew chief with the 9th Munitions Squadron. (Photo by Airman 1st Class Robert Biermann)



# Air Force releases combat action medal criteria

By Staff Sgt. J.G. Buzanowski  
Air Force Print News

WASHINGTON — Air Force officials at the Air Force Personnel Center released criteria this week for award of the new combat action medal, an award for Airmen who have been involved in direct fighting situations where they risked their lives in an enemy engagement.

Air Force Chief of Staff Gen. T. Michael Moseley authorized the medal's creation March 15. Any Airman who believes he or she may be eligible can now submit an award package for consideration. The first approval of the Air Force Combat Action Medal is expected within the next few weeks, according to John Balducci, the chief of Air Force recognition programs.

Airmen are eligible for the combat action medal "if their primary role includes performing duties in a combat zone, either on the ground or from the air, by entering into an unsecured area away from an established installation," Mr. Balducci said. "While performing their duties, they must have come under fire or fire upon an enemy to qualify."

A combat zone is defined as a geographic area for which an Airman receives imminent danger/hos-

tile fire pay.

In addition, while encampments, compounds and protected areas aren't normally qualifying locations for the AFCAM, Airmen augmenting a defensive fighting position could be eligible should they meet the award criteria, Mr. Balducci said.

Aircrew members must be flying in direct support of a combat zone and in combat. They also must be performing official duties and not manifested as a passenger. While performing close air support, taking fire from an enemy is not a prerequisite as long as the Airman is at "great risk," Mr. Balducci said.

"For Airmen still on active duty who believe they may be eligible for the medal, their submission must include a narrative explanation of circumstances on an Air Force Form 3994 describing the event, to include date, time, location and incident details, as well as witness statements," Mr. Balducci said. "That package should be submitted to the first O-6 (colonel) in their operational chain of command, who will submit it to the commander of Air Force forces."

Award eligibility is retroactive to Sept. 11, 2001, through a date to be determined and is available across the total force. Personnel no longer on active duty can submit

packages to the Board for Correction of Military Records. This will apply to posthumous awards as well, he said.

The medal does come with some restrictions. For example, only one can be awarded during a qualifying period, and for now, operations Enduring Freedom and Iraqi Freedom count as one eligible time frame. In addition, there are no promotion points for the AFCAM. However, events that garner the combat action medal also can be referenced for other decorations, Mr. Balducci said. The AFCAM is worn between the Air Force Achievement Medal and the Air Force Presidential Unit Citation. The medal is designed to evoke Air Force heritage, scarlet with diagonal yellow stripes - adapted from the art insignia on the aircraft of Gen. Billy Mitchell, who coordinated the first air-to-ground offensive in history. Further, the AFCAM features an eagle grasping arrows in one talon and an olive branch in the other, the arrows reflecting preparedness for war while the olive branch represents a goal of peace, according to official Air Force wear guidance.

For more information, Airmen should contact their local military personnel flight or the Air Force Contact Center at DSN 665-5000 or (800) 616-3775.



The new combat action medal.  
(Courtesy graphic)

## CMSAF discusses new EPR

By Airman 1st Class  
Nicholas Stowers  
Det. 6, Air Force News Agency

LAJES FIELD, Azores — The top enlisted Airman discussed the new Air Force Enlisted Performance Report during his recent stop in Lajes Field.

"I think it's going to be much better than the one we presently have," Chief Master Sergeant of the Air Force Rodney J. McKinley said.

"We're just trying to improve it so we don't have to spend so much time writing it," the chief said. "That way we have more factual stuff in there."

The new EPR has several advantages to it, including a mechanism for instant feedback.

"Now on the new (EPR) you're going to sign for it before it goes in," Chief McKinley said, "So you'll know exactly what you're go-

ing to be getting from the very beginning."

Physical fitness will also be measured on the new EPR. Supervisors will rate whether Airmen meet fitness standards, fail to meet standards, or are exempt.

"Physical fitness is a big part of our Air Force, and having this on the EPR and being evaluated as such is very important," Chief McKinley said.

Also, along with the new EPR, the Air Force is developing a new performance feedback to aid Airmen in developing their careers.

"The front sheet of the performance feedback looks exactly like the front sheet of the EPR," Chief McKinley said. "Doing an EPR and doing a good EPR starts with doing a quality performance feedback to our Airmen."

The new EPR will become effective this summer.

## RELAY from page 1

The class got the idea for their project when some of the children overheard Ms. Berry talking to a fellow youth center staff member about going to Texas for the relay.

"I was talking about it with another staff member and some of the kids overheard and wanted to go," Ms. Berry said. "I told them 'you can't go to Texas, but if you want to we can start a little club here.' It started from there with the children asking to be involved. We talked together and they came up with a million ideas of how to raise money and the one we went with was the chain of hope."

"It was really fun making money and it wasn't that hard," said Rachel Miller, a first grader at Lone Tree Elementary School. "My mom gave me two dollars and I worked for the rest. We went to the commissary and shopette and it was really fun."

Ms. Berry said all the children have been very dedicated to the project.

They quickly surpassed their origi-

nal goal of \$250. Many know somebody who has suffered from cancer and some have even donated their own money.

"My sister was a cancer survivor," said William Harrison, a first grader at Lone Tree.

"It meant a lot more to them than I thought it would," Ms. Berry said. "One little girl brought in her entire piggy bank. She said her and her mom had a big long talk about it and she understood what she was doing and what she was doing it for."

"It was fun," said Braydon Burdett, a first grader at Lone Tree. "This one guy gave us a hundred dollar bill."

"We were making money for the American Cancer Society to help people with cancer," said Bree Burdett, a fourth grader at Lone Tree.

Ms. Berry will be competing in the Relay For Life on April 28.

To make a donation to the Chain of Hope, call Gina Berry at 530-906-1633.

# Community Briefs

## Housing development program

The Air Force Sergeants Association has united with Mercy Housing to improve neighborhoods and stabilize lives. Every Saturday from 8:30 a.m. to 12:30 p.m. volunteers from Team Beale can assist local low-income families build their own homes. For more information, call Staff Sgt. Joseph Bright at 634-8872.

## BESC meeting

The Beale Enlisted Spouses' Club has scheduled a meeting for Monday at 6:30 p.m. at Recce Point Club. A Bunco game is scheduled also. Entry is \$5.

For more information, call Heather Heath at 741-2737 or e-mail at heather4aces@yahoo.com.

## SIDS Awareness day

In conjunction with Sudden Infant Death Syndrome Awareness day, a presentation on SIDS awareness is scheduled for Friday at the Medical Group clinic from 11 a.m. to 1 p.m. in the conference room.

Refreshments will be provided by the 13th Intelligence Squadron.

For more information, call Senior Airman Amber Gilbert at 634-0724 or 1st Lt. Darrick Duran at 634-4766.

## Civilian Call

A civilian call is scheduled for Thursday at 10 a.m. at the Community Center. The call will be conducted by Brig. Gen. H. D. Pumbo Jr., 9th Reconnaissance Wing commander.

## BAADD volunteers needed

Want to save a life? Beale Airmen Against Drunk Driving is in need of volunteers. To volunteer or for more information, call 634-5555 or 634-5700.

## Beale blood drive

The next Beale blood drive is scheduled for May 15. For more information, call Staff Sgt. Matthew Manning at 634-8435 or Staff Sgt. Heather Randolph at 634-2364.

## Women Infant Children

A Women Infant and Children meeting is scheduled for Tuesday. This is a county-run program offered by appointment only. For more information, call 749-4830.

## Be Your Own Boss

A Be Your Own Boss class is scheduled for April 24 from 9 a.m. to noon.

This class prepares individuals with knowledge and tools to run a small business. For more information, call 634-2863.

## 9th CS car wash

The 9th Communications Squadron has scheduled a car wash for Friday from 10 a.m. to 3 p.m. in the Base Exchange parking lot.

For more information, call Senior Airman James Quinlan at 634-4549.

## Resume workshop

A resume workshop is scheduled for May 2 from 9 a.m. to noon. To open doors to employment opportunities individuals should have a strong resume. Learn how to write a targeted resume that will help land a job.

Let the employment experts show how to improve a resume. For more information or to register, call 643-2863.

## Federal employment workshop

A federal employment workshop is scheduled for May 2 from 1 to 3 p.m. Learn to write a federal resume and discover how the federal hiring process works.

To register, call 634-2863.

## Special education transitions

A forum is scheduled for April 12 from 5:30 to 8 p.m. in regards to key transition periods in child education.

Those transition periods are zero to three years to preschool, preschool to elementary, middle to high school and the outside world.

The forum will be held at the Sutter County Superintendent of Schools Office board room at 970 Klamath Lane, Yuba City.

To RSVP or for more information, call 822-2907.

## Recycle toner and ink cartridges

Recycle toner and ink cartridges at the Beale supply store at 19501 Edison Ave., Building 1086, Room 494 on Monday to Friday from 8 a.m. to 4 p.m. Get a \$3 off coupon on a future purchase.

For more information, call 634-8286.

## Customer Appreciation Day

The Beale supply store will be holding a Customer Appreciation Day on May 11 from 11 a.m. to 3 p.m. at 19501 Edison Ave., Building 1086, Room 494. There will be free giveaways and refreshments.

For more information, call 634-8286.

see BRIEFS page 6

**BRIEFS from page 5****Refrigerator Disposal**

Three refrigerators that were illegally dumped behind the old NCO club were recently located. As a reminder, it is illegal to dispose of any equipment, which contains refrigerant, in a manner such as this one. Furthermore, the Environmental Protection Agency strictly enforces laws which came in to effect after the Federal Clean Air Act was signed in 1990. Failure to comply could result in a \$27,500 fine and a federal prison sentence of up to 10 years per infraction. Refrigerators can be properly disposed of by Yuba Sutter Disposal for \$10. Yuba Sutter Disposal can be contacted at 741-6922. For more information, call Staff Sgt. Brad Bailey at 634-2141.

**APAH month**

May is Asian Pacific American Heritage month and Beale is celebrating in many ways.

A car wash will be held April 26, May 4 and 16 from 11 a.m. to 2 p.m. in the Base Exchange parking lot. The month's opening ceremony will be held at the BX on May 2 at noon. A food fair will be held May 16 at 11 a.m. at the Commissary. A heritage luncheon is scheduled for May 23 from 11 a.m. to 1 p.m. at the Recce Point Club.

For more information, call Grace Patterson at 634-9351 or e-mail at

grace.patterson@beale.af.mil.

**Saturday ID Card hours**

The 9th Support Division's Customer Service office will be open May 5, June 2, July 14, Aug. 4, Sept. 8, Oct. 13, Nov. 2 and Dec. 1 to provide ID card and DEERS update services. Hours of operation will be 9 a.m. to 12 p.m. No appointment is necessary. Normal business hours are 7:30 a.m. to 4:30 p.m., Monday, Tuesday and Friday and 8:30 a.m. to 4:30 p.m., Wednesday and Thursday, except for holidays. For more information, call Customer Service at 634-3187.

**Job openings**

The following NAF positions are available at Beale: Child Development Program assistant, custodial worker, custodial worker leader, cook, cashier and checker, food service worker, waiter, recreation assistant, bartender, sundry clerk, lifeguard and swim instructor.

For more information, call Beatris Logan at 634-2316.

**Investment class**

"It's Your Move a Game Plan for Investing" is scheduled for Tuesday from 5 p.m. to 8 p.m.

The program includes concepts such as understanding the investment world, to include risk tolerance, liquidity, marketability, etc.

To register, call 634-2863.

**Earth week events**

In celebration of Earth Week 2007, the following activities have been scheduled:

\* An Earth Day celebration is scheduled for Monday from 10 a.m. to 2 p.m. An Earth Day booth manned by Environmental personnel will be located at the Base Exchange entrance.

Environmental souvenirs will be given away along with other educational information.

\* An Arbor Day celebration is scheduled for April 18 from noon to 2 p.m. The celebration will consist of a tree planting ceremony along Warren-Shingle Boulevard.

The celebration gives Beale members an opportunity to support the National Arbor Day Foundation's "Tree City USA" program and to encourage participation of the community in tree planting and maintenance.

The ceremony also includes a poster contest involving fifth graders from Far West School.

\* A Vernal Pool tour is scheduled for April 19 from 12.30 to 3 p.m. The tour will be led by vernal pool experts Dr. Tom Griggs and Patrick Stone. The purpose of the tour is to teach individuals more about these wetlands, and the plants and animals that live on Beale. Please wear old clothing and shoes as it may be muddy.

Those interested in the tour should meet at the DUI parking lot at 12:30 p.m. The bus will return by 3 p.m. For more information or to register for the tour, call Chuck Carroll at 634-2738 or e-mail at charles.carroll@beale.af.mil or call Jamie Visinoni at 634-4451.

\* A nature and bird walk is scheduled for April 21 from 9 to 11 a.m. in the 720 acre Riparian Restoration Area.

Interested parties should meet near the kiosk and the gate in the Three Bridges area near Dry Creek.

**New Parent Support Program**

The New Parent Support Program helps new parents overcome challenges by providing books, information, and resources to help through the first three years.

For more information, call Roberta Trumm at 634-0626.

**BAADD 634-5555**



# Roll Call No. 13: leaders host NCO conference

By Air Force leadership

*Editor's note: Roll Call No. 14 on anthrax vaccinations was covered in last week's article, "Anthrax vaccine protects deployers."*

Air Force Chief of Staff Gen. Michael Moseley and Chief Master Sgt. of the Air Force Rodney McKinley spoke about how world politics and global events affect today's Airmen.

They briefed new initiatives, such as the Airman Battle Uniform, new Heritage Jacket and the Combat Action Medal. The conference also gave the NCOs the chance to ask questions of the senior Air Force leaders. Questions ranged from why we're getting new uniforms in a time of war to personnel cuts.

As far as Force Shaping is concerned, they told the Airmen they didn't want to have to make the cuts to personnel, but there was no way the Air Force could maintain its standard of living, fight the global war on terror and prepare for the

future and keep as many people as it had.

Notable quotes from the leaders:

- When you have an Airmen standing in their service dress standing next to Soldiers, Sailors and Marines who are in their service dress, by far, ours is the least military looking and that needs to change.

- The Combat Action Medal will recognize Airmen who have been engaged with the enemy. Earning similar awards from other services is commendable, but Air Force awards should be worn on the Air Force uniform.

- The Air Force will continue to fund education opportunities. Airmen should not have to wait until they've completed upgrade training before they can take advantage of those opportunities

- The Air Force has been deploying to fly and support combat missions for 16 years - longer than any of the other services. We've paid the price in blood, sweat and tears and we've earned the right to be proud of what the Air Force does.

# Roll Call No. 15: AF priorities, knowing what's important

By Air Force leadership

The Air Force's global air, space and cyberspace missions are what make the Air Force unique. As Airmen who are part of the joint and coalition team, our mission is to fly, fight and win, to provide global vigilance, global reach and global power. In this day and age, when it seems we are constantly moving, constantly working hard to meet our mission requirements, it's important that as Airmen, we never lose sight of our service's priorities.

**1. Fight and win the war on terrorism.** We must all work to fight this long war on terrorism in a lethal and aggressive manner alongside our sister services and allies. We must bring all elements of appropriate power to bear at critical points and keep our eyes on the next war to ensure we're ready.

**2. Develop and care for our Airmen.** By providing proper training for the 21st century Airmen in language, culture and technology, we are fostering

warriors who are ready for anything. Air Force leaders continually strive to provide the best equipment today for tomorrow's fights.

**3. Recapitalizing and modernizing our Air Force.** The Air Force needs to 'reset' and build for the future, thinking beyond the current conflicts in Iraq and Afghanistan.

We must remember the entire strategic field, and that means looking toward the future, anticipating future attacks and preparing for them. We are building a force for the future with range and payload, following our top five procurement priorities: a new tanker fleet, the KC-X, the CSAR-X rescue helicopter, space-based electronic warfare and communications systems, the F-35 Lightning II and a new bomber.

Every Airman should know and understand these priorities. By knowing what's important to us and our fight, we become a more capable and lethal force, building a stronger future by being strong warriors today.

## Beale AFB Chapel Programs Helping You to Stay Spiritually Fit!

### Protestant Sunday

0900 Foothills Chapel Praise Service with Nursery

1030 Sunday School at Lone Tree Elementary ages 3 to Adult

1100 Valley Chapel Gospel Service with Nursery

### Tuesday

1800 at Foothills Chapel AWANA - Cubbies to T&T with Nursery

### Wednesday

0900 at Valley Chapel PWOC (Protestant Women of the Chapel)  
with Nursery

1900 at Valley Chapel Bible Study with Nursery

### Friday

Monthly Officer Christian Fellowship – POC Capt  
Stremmel 634-3897

Protestant Youth, Puppet Ministry, Protestant Men – POC Ch  
Olson 634-4701

### Catholic Sunday

0900 Religious Education at Lone Tree Elementary preschool to  
12th Grade

1030 Foothills Chapel Mass

1700 Foothills Chapel Mass RCIA, Catholic Youth, Catholic  
Women/Men, Bible study, Baptisms – POC Leila at 634-4707

### Daily

1130 Foothills Chapel Mass except Thursday

### Islamic Friday

1300 Valley Chapel Islamic Prayers – POC Ed Helalian at 634-3834

### Pagan Saturday

1400 Valley Chapel discussion group – POC George Cloutier  
634-8887

*Question may be directed to the Chapel Staff at 634-4701 or 634-4705  
Valley Chapel is at 6199 C Street on the main base near the Bowling  
Alley*

*Foothills Chapel is at 15001 Camp Beale Highway in the housing area*

*“Glorifying God – Honoring Airmen – Serving All”*



*Integrity first,  
Service Before self,  
Excellence in all you do*

## Beale Bijou

634-2521



### Friday evening **Freedom Writers** (PG-13)

*Hilary Swank, Imelda Staunton*  
A dedicated California teacher

finds a way to unify her disadvantaged, racially divided students, and to improve their grasp of academics, partly by having them keep journals about their violent, troubled lives. 123 minutes



### Saturday evening **Dreamgirls** (PG-13)

*Beyoncé Knowles, Jamie Foxx*  
Effie White, Deena Jones, and

Lorrell Robinson - three friends from Chicago - are a promising singing trio called The Dreamettes. Their talent attracts an ambitious manager by the name of Curtis Taylor, Jr., who uses unscrupulous tactics to move the girls from backup singers to superstars of their own. The group evolves into a more sophisticated group, The Dreams, with a lighter sound and chic look. They successfully attract a "whiter" audience and The Dreams rise to international stardom. The money, fame, and adulation, however, doesn't bring them happiness. 131 minutes



### Wednesday evening **Smoking Aces** (R)

*Ben Affleck, Jeremy Piven*

Mob boss Primo Sparazza has taken out a hefty contract on Buddy "Aces" Israel—a sleazy magician who has agreed to turn state's evidence against the Vegas mob. The FBI, sensing a chance to use this small-time con to bring down big-target Sparazza, places Aces into protective custody-under the supervision of two agents dispatched to Aces' Lake Tahoe hideout. When word of the price on Aces' head spreads into the community of ex-cons and cons-to-be, it entices bounty hunters, thugs-for-hire, deadly vixens and double-crossing mobsters to join in the hunt. With all eyes on Tahoe, this rogues' gallery collides in a comic race to hit the jackpot and rub out Aces. 109 minutes

**Movies are shown at  
the Community Center.  
Evening movies play at 6 p.m.  
The cost is free.  
For more information,  
call 634-3165.**



## Relief for Kabul flood victims

**Tech. Sgt. John Asselin, 9th Reconnaissance Wing Public Affairs NCO-in-charge who is currently deployed from Beale, carries bags of supplies for flood victims in front of the Afghan Olympic Stadium Tuesday in Kabul, Afghanistan. Kabul was ravaged by the first flood in 15 years. The Training Assistance Group from Camp Alamo coordinated food distribution efforts to supply flood victims in Kabul. They provided 100 pounds of rice, beans, wheat, flour, tea, cooking oil, shovels, sand bags, tarps and more to approximately 100 families. Hundreds of families lost their homes, belongings and supplies to the flood. (Photo by Tech. Sgt. Cecilio Ricardo Jr.)**



# Beale holds stress management class

By 2nd Lt Ashley Peltier  
9th RW Public Affairs

What have you done for YOU lately?

Janet Jackson, in her song "What Have You Done for Me Lately?" put this question to the test and so is the Beale Life Skills center. There is no need for "desperate times" to call for "desperate measures," and while the stress of the mission might be taking its toll on Airmen and their families, Life Skills has some tips to help relieve some of that stress.

"Stress can take its toll on you," said Dianna Garbett, 9th Medical Operations Squadron Family Advocacy officer. "Unless you take steps to reduce or control stress, tension can build up inside. Over time, stress can harm your health and your relationships with others."

Stress is defined as the pressure and tension felt when faced with a situation

that's new, unpleasant or threatening. Stress is an automatic reaction to a demand or danger. Stress affects everyone, and while some stress can actually be helpful when meeting life's challenges, too much stress can cause problems.

"It's important to recognize what is causing your stress and we have to remember that everyone's stressors are different," Ms. Garbett said. "What's stressful for one person may not bother someone else at all."

To help members of Team Beale identify and manage their stress, Life Skills offers a stress management course. The course offers help in identifying what contributes to stress, how to change personal responses to stress, as well as revealing a person's positive attributes that can be used to help manage stress.

"Some people have personality traits that help them overcome stress," Ms. Garbett said. "For those individuals who

worry about things they have no control over, this course can help them develop positive traits and skills to aid them in learning how to stop their negative attributes that may be adding to their stress."

Because stress affects everyone, it's important that everyone has a stress management technique to help them manage stress.

However, finding the time to attend this course may be an added stress, so here are a few tips from the stress management course that can be useful now according to Ms. Garbett.

- \* Get up on time so there is no rush
- \* Designate a time and place to do work and leave it there
- \* Understand what is expected before starting a project
- \* Minimize interruptions, get help when needed and delegate less important tasks
- \* Get organized, which will allow in-

dividuals to find things quickly

\* Plan ahead and prioritize daily and weekly tasks

\* Schedule work based on energy levels

"The number one stressor that most people experience is the sense of urgency in everything they do," Ms. Garbett said. "The key to reducing stress is ensuring that you have plenty of time to do all the things you need to do."

With Beale playing a major role in today's Global War on Terror, Airmen and their families need to take care of the things that are in their control, stress is one of these things.

Stress management is not something to do every once in awhile; it is a skill that once learned can improve your concentration, productivity and overall well-being.

For more information, call Dianna Garbett at 634-3423.

<http://www.airforceonesource.com>





(Above) Makayla Curtis, 7, backflips across the Community Center stage during the Beale talent show Sept. 21. Makayla wowed the audience with her gymnastic skills and won best children's act.

(Left) Makayla Curtis, 8, receives the 2006 Air Force Family and Teen talent contest first place trophy in the 6- to 8-year-old solo category Wednesday from Bill Baltzell, 9th Services Squadron deputy director. Makayla received the trophy for her gymnastic performance during the 2006 Beale Family and Teen talent contest. Makayla has also been invited to open for the June 5 and 6 Tops in Blue performances. (Photos by Airman 1st Class Robert Biermann)

## Beale's finest talent

# Luncheon scheduled to honor Beale volunteers

By Airman 1st Class George Cloutier  
9th RW Public Affairs

A free volunteer appreciation luncheon is scheduled for Friday at the community center at 11:30 a.m.

The event will showcase the efforts of Team Beale volunteers who have donated their time at Beale and in the surrounding communities.

"What I'm trying to do is look back at where our people have been and the lives they've touched," said Elizabeth Kim, 9th Mission Support Squadron Airman and Family Readiness Center volunteer coordinator.

Ms. Kim said Beale volunteers have been involved in a huge number of activities on base and in the surrounding area and have made a profound impact on the greater community.

Beale volunteers have contributed to the Bok Kai Parade, Youth Center, Beale Officers' Spouses' Club, tax center, Marysville Parade, Peach Festival, Mercy Housing, Habitat for Humanity, hospice care, various blood drives, AmeriCorps, Coats for Kids, Relay for Life, Pink October and veterans' home visits to name a few.

Ms. Kim said organizations in the surrounding

area have come to rely on Beale for volunteer support for their activities.

"I get lots of calls from the communities in our local area saying, 'we can't do this without Beale,'" Ms. Kim said. "They say, 'Beale is a cornerstone of all of our community events, and when we need volunteers, the Beale folks always come through and they're the most reliable volunteers that we have.' They say our Beale volunteers have great spirit, enthusiasm and commitment."

Last year, Beale volunteers logged over 67,000 hours of volunteer time, which comes out to more than \$1.2 million in saved costs, Ms. Kim said. This is a notable accomplishment, especially when many volunteers are balancing work, school and family life on top of their volunteer activities.

Team Beale members who have donated their time to volunteer efforts are encouraged to attend the free luncheon as a way of saying 'thank you' for their tremendous contributions to the great community, Ms. Kim said.

For more information on the luncheon or volunteer opportunities call Elizabeth Kim at 634-5643.

To RSVP for the luncheon, call the Airman and Family Readiness Center at 634-2863.

## March 90s CDC club

**Airman**  
**Logan Fields - 91**  
9th Security Forces  
Squadron

**Senior Airman**  
**Joseph Price - 99**  
9th Civil  
Engineer Squadron

**Airman 1st Class**  
**Nick Chamberlain - 94**  
9th Aircraft  
Maintenance Squadron

**Senior Airman**  
**John Kuhns - 91**  
9th SFS

**Airman**  
**Scott Marchbank - 91**  
9th Maintenance  
Squadron

**Senior Airman**  
**Billy Lane - 93**  
9th AMXS

**Airman 1st Class**  
**Tyler Charles - 97**  
9th CES

**Senior Airman**  
**Antoni Bogusz - 96**  
9th CES

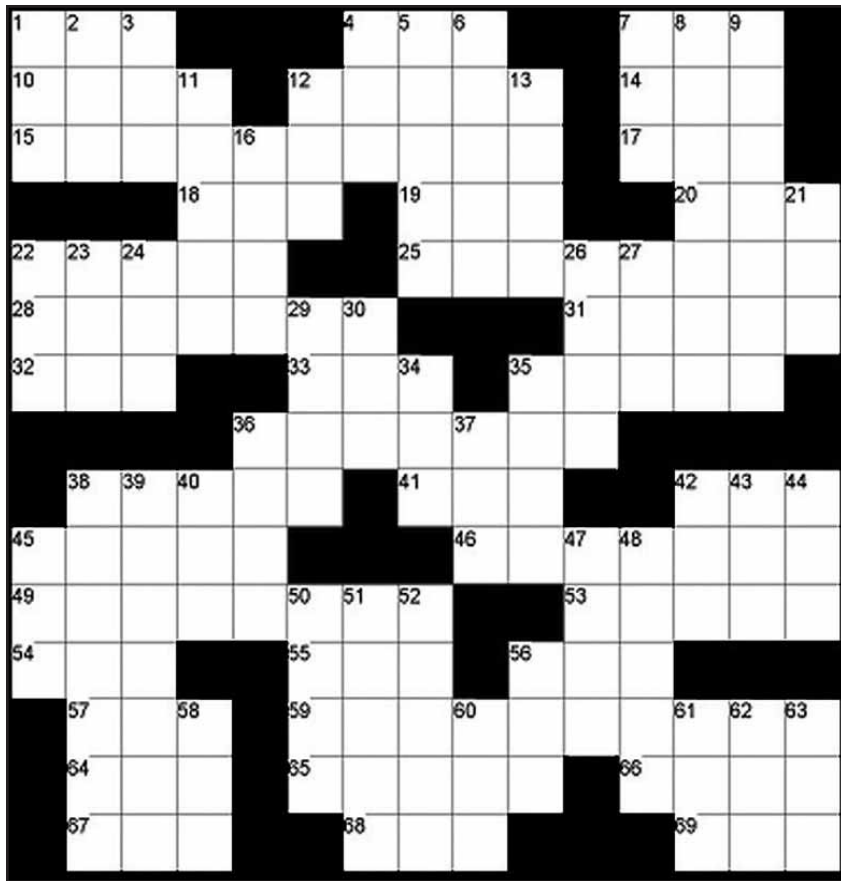
**Senior Airman**  
**Nora Dodaro - 92**  
9th MXS

**Senior Airman**  
**Adam Fearn - 95**  
9th CES

**Airman 1st Class**  
**La Cook - 91**  
9th Maintenance  
Operations Squadron

**Staff Sgt. Daniel Crisp - 90**  
9th AMXS

**Airman Arron Ramos - 95**  
9th CES



## Find the base ... AFSPC

By Capt. Tony Wickman  
71st Flying Training Wing Public Affairs

## ACROSS

1. Hubbub
4. And others, in brief
7. USAF MAJCOM
10. \_\_\_ the deck
12. Commandeer
14. Homer's signature saying
15. AFSPC base home to the Space and Missile Center
17. Summertime beverage
18. U.K. beverage
19. USAF Reservist type
20. Epoch
22. Path
25. AFSPC base, home to the 21st Space Wing
28. Home to 460th Space Wing
31. Mountain climbing spike
32. Observe
33. Sea between Africa and Saudi Arabia
35. Home to 91st Space Wing
36. \_\_\_ and Old Lace
38. Upsets
41. USA org., once
42. Also
45. Chinese bear
46. AFSPC base home to the

- 45th Space Wing
49. Home to 90th Space Wing
53. Removes from power
54. Mao \_\_\_-Tung
55. State home to AU, 42 ABW
56. Cabin type
57. Greek letter
59. AFSPC base home to the 30th Space Wing
64. Camping vehicles, in short
65. Boredom
66. Abominable snowman
67. Op begun in Oct. 2001
68. Color
69. Appendage

## DOWN

1. AOL or Earthlink
2. Flags of \_\_\_ Jima
3. USN equivalent to AFB
4. 112°30' east of due north, in brief
5. Spring flower
6. One of a class of liqueurs of a thick consistency
7. Bother
8. California town
9. Cigar having open, untapered ends
11. Technique of hand-dyeing fabrics using wax
12. Mascot in Athens, Georgia
13. Test for H.S. juniors

16. Jodie Foster film
21. Writer Coulter
22. Cable TV station
23. Lament
24. Pilot with 5+ kills
26. Saga
27. Dog star \_\_\_ Tin Tin
29. Mistakes
30. Affirmative
34. Morning moisture
35. Biotite
36. In the distance
37. Quick rest
38. Orchestra conductor
39. Combine with something woven in
40. Federal health org.
42. \_\_\_ the season...
43. Fall mon.
44. Approves, briefly
45. USAF health test
47. Sunday momin' caricature
48. Sport similar to American football
50. Rhapsodize
51. African antelope
52. Child caretaker
56. Hawaiian wreath
58. Tampa school, in brief
60. Owe
61. Snakelike fish
62. Map marking, in short
63. Musician's concert



**Jenny:** Jenny follows the adventures of a young Air Force spouse determined to overcome the challenges of a military lifestyle. Drawn from the real lives of both contributors and the cartoonist, Jenny's experiences reflect the humor, ingenuity, and sheer determination necessary to be successful as the spouse of an active duty military member. For more Jenny comics, visit <http://www.jennyspouse.com>.



**Planning a vacation?  
Need to get away?  
[www.afvclub.com](http://www.afvclub.com)**

## Base Family Member Programs sponsor Child, Adult Care

Beale Air Force Base School Age Program, Family Child Care, and Child Development Center announce the sponsorship of the Child and Adult Care Food Program. Meals will be available at no separate charge to those enrolled in these programs.

In accordance with federal law and U.S. Department of Agriculture (USDA) policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

To file a complaint of discrimination, write to USDA, Director, Office of Civil Rights, Room 326 - W, Whitten Building, 1400 Independence Avenue, SW, Washington, DC 20250-9410 or call (202)720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.

For more information regarding enrollment at the Youth Center, contact Amy Tavernia at **634-2915**, at the FCC contact Marsha Amaro at **634-5655**, and the CDC, contact Bertha Unpingco at **634-4717**.

Gross Income of Household										
Household Size	Weekly		Every 2 Weeks		Twice per Month		Monthly		Annually	
	Free	reduced	Free	reduced	Free	reduced	Free	reduced	Free	reduced
1	\$245	\$349	\$490	\$698	\$531	\$758	\$1,062	\$1,511	\$12,740	\$18,130
2	330	470	660	940	715	1,018	1,430	2,035	17,160	24,420
3	415	591	830	1,182	900	1,280	1,799	2,560	21,580	30,710
4	500	712	1,000	1,424	1,084	1,542	2,167	3,084	26,000	37,000
5	585	833	1,170	1,665	1,268	1,804	2,535	3,608	30,420	43,290
6	670	954	1,340	1,907	1,452	2,066	2,904	4,132	34,840	49,580
7	755	1,075	1,510	2,149	1,636	2,328	3,272	4,656	39,260	55,870
8	840	1,195	1,680	2,391	1,820	2,590	3,640	5,180	43,680	62,160



**APR TOURNAMENTS & EVENTS**  
**3 JACKS & 1 JILL TOURNAMENT**  
**Apr 22<sup>nd</sup> • Tee Time 10:00 AM**  
**4-person (3 men, 1 women)**  
**team- full handicap.**  
**\$60 per team, plus green fees & cart.**

**Coyote Run Golf Course**  
**788-0192**

## KIDDIE DISCO

### FAMILY NIGHT

## DJ & BUFFET!

Members: \$1.00,  
 Non-members: \$5.95

**Recce Point Club**  
**634-4948**

**April 18 • 5-7:30 PM**



## GREAT OUTDOOR adventures!

ALL TRIPS AND TICKETS ARE OPEN TO MILITARY & DoD CIVILIANS

### Pier 39 - San Francisco

**APR 21 • 7:30am-9:30pm • Cost: \$25 • Open to all ages**  
**Sign Up Deadline: April 18.** Let OAC do the driving, pay for the parking, and hassle with traffic while you enjoy a trip to the "City on the Bay". OAC will drop you off at Pier 39, where you can shop, tour Alcatraz, explore Chinatown, or search out any of the other activities that San Francisco has to offer.

### Gold Country Casino Night

**APR 27 • 5:30pm-1:00am • Cost: \$13 (transportation only)**  
 Open to ages 18 & up. **Sign Up Deadline: April 25**  
 The action starts with a trip to Northern California's friendliest Casino. Whether you're a beginner or seasoned pro enjoy one of their 900 slot machines, 15 brand new Multi-Deck Black Jack tables or any of their Parlor Poker Tournaments. If you're feeling lucky take a gamble and join us for all the winning excitement!

### Northern Valley Wine & Historic Murphy's Tour

**APR 29 / 7:30am-8:30pm • Cost: \$20 • Must be 21 years older**  
**Sign Up Deadline: April 25.** The quaint historic town of Murphy's located in the Northern Valley of Calaveras County and renowned for producing some of the finest award-winning wines in the world. You will tour Ironstone Vineyards plus wine tasting, and visit the home to the largest Crystalline Gold Leaf specimen in the world weighing forty-four pounds. In historic downtown Murphy's you can visit any of the numerous wineries, stop for lunch or just stroll the streets and shops.

### Feather Falls Day Hike

**APR 29 • 9:00am-7:00pm • Cost: \$13 • Open to ages 12 & up**  
**Sign Up Deadline: April 26.** Join OAC as we hike the sixth highest waterfall in America which is right in Beale's back yard. This intermediate hike will be spectacular as you watch water plunge 640 feet over a sheer granite cliff to the canyon floor in its rush to meet the Middle Fork of the Feather River and Lake Oroville. You will need to pack a lunch, bring water (a hydration pack is great!) and your own personal items for the 7-mile round trip hike.

## > OAC BIKE BARN SPECIALS <

**GET YOUR BIKE INTO TOP SHAPE FOR SPRING!**  
**\$5<sup>00</sup> off Bicycle Tune-Ups\* • Tune & True \$35<sup>00</sup>**  
 Expanded resale area sticks bike helmets, flat tire repair kits, pumps, components and other essential accessories.

**OUTDOOR ADVENTURE CENTER • 634-2054**

## All Nighter

AUTO HOBBY CENTER


## Quarterly

Beginning  
**9 AM Sat, April 14<sup>th</sup>**  
 Thru  
**5 PM Sun, April 15<sup>th</sup>**



**FREE PIZZA**  
**After 10:00 pm**  
**634-2296**

## LIFEGUARDS NEEDED!



**for the Base Pool**

GS and NAF positions available  
 Great opportunity for High School and College Students  
 GS positions, call Civilian Personnel at 634-2255  
 NAF positions call HRO at 634-2241

## Tickets Now Available

**GIANTS TICKETS**  
**MAY 5 vs. Philadelphia Phillies 12:55PM, Cost: \$27**  
**SEP 8 vs. LA Dodgers Time TBA, Cost: \$30**

**OAKLAND A'S**  
**MAY 19 Oakland A's vs. SF Giants, Cost: \$18**  
**JUN 16 Oakland A's vs. St. Louis, Cost: \$18**  
**SEP 29 Oakland A's vs. LA Angels, Cost: \$10**

**SLEEP TRAIN AMPHITHEATRE**  
**MAY 19 BRAD PAISLEY, 7:30 PM, Cost \$26.25**  
**JUN 18 GWEN STEFANI, 7:30 PM, Cost \$27.00**  
**JUL 3 KENNY CHESNEY, 7:00 PM, Cost \$41.75**

Call the ITT office for more information on local concerts

## DISNEY TICKET SPECIALS\*

OAC meets or beats Disneyland's advertised ticket specials!!  
 NO TAX, NO FEE'S, just good deals! (\*Offer expires April 26, 2007)

1-DAY Park Pass	Adult \$58	Child \$52 (ages 3-9)
2-DAY Hopper	Adult \$99	Child \$89
3-DAY Hopper	Adult \$129	Child \$125
4-DAY Hopper	Adult \$149	Child \$139
5-DAY Hopper	Adult \$159	Child \$154

**OAC / ITT • 634-4882**



## The AAFES and Services Partnership

The primary mission of Services is combat support and community service...quality of life programs. Services supports the mission with outstanding programs that feed the troops, set up and manage tent cities, operate field exchanges, provide fitness activities and off-duty sports programs, and tend to fallen comrades. These programs support overall military readiness and preparedness.

Services also supports family members, fostering a sense of community within the Air Force and contributing to a home town environment for base personnel. They offer child care, youth programs, libraries, food, lodging, fun leisure activities and so much more. Services personnel are trained, dedicated,

and strive for excellence in all they do. They provide an alternative to off base activities, and perpetuate military traditions and institutional values at a more reasonable price.

Services activities are funded with a combination of taxpayer dollars, also known as appropriated funds (APF) and self-generated, non appropriated funds (NAF). The mission essential programs, like fitness, library, food service, troop support and mortuary are funded entirely by Congressional appropriation through the Air Force budget with (APF). Lodging, another mission essential program is funded through a combination of APF and NAF dollars. To distinguish where APF can be used in the Services programs, Congress divided the facilities into three different categories: Mission Essential (must be 100% APF), Community Support (at least 50% APF), and Business Activities (must be 100% NAF, self sustaining). Fees and charges are set at the lowest level possible to generate enough revenue to sustain operations over the long term, and AAFES helps make this possible.

The Army Air Force Exchange Services (AAFES) is

chartered by Congress to sell products and service to Military members worldwide and to generate profits to help operate Services programs. AAFES provides approximately 25% overall savings compared to off base, and generates profits that are split between AAFES and the Services programs. The

**AAFES**

Beale AFB  
**SERVICES**  
 Combat Support & Community Service  
[www.bealeservices.com](http://www.bealeservices.com)

Category A Mission Essential	Category B Community Support	Category C Business Activities
Fitness centers	Child development	Clubs
Intramural sports	Youth programs	Golf courses
Libraries	Recreation pools	Bowling
Recreation Centers	Outdoor Recreation	Retail stores
Basic recreation	Skills development	Snack bars
Parks	Bowling (12 lanes & under)	Aero Clubs
Command & Control	Marinas (w/o resale)	Marinas
	Rec info/ticket/travel	Base restaurants

FY 06 AAFES dividend to Beale Services was an all time high of \$409,000! This allows Services to maximize services and minimize prices.

Following are some examples of how AAFES helps keep Services prices down. To bowl a game down town, you'd pay \$2.75 and \$3.75 for shoe rentals. At Beale Lanes, you pay \$2.25 a game and \$1.50 for shoe rentals. And with all the specials that Beale Lanes offer, you pay less

than that. To golf off base, you pay about \$45, but a round of golf at the Coyote Run Golf Course costs \$35 with a cart. Off base you'd pay \$35 or more for an Easter Brunch, but at the Recce Point Club, you pay 1/2 that. To rent a space for a small RV off base you'd pay \$35 a month, but at Beale it's \$17.50. The Fam Camp costs \$12 per day with hook-ups. Off base its \$35 a day with hook-ups. The Services advantages are endless and are facilitated by your support to AAFES...and AAFES support to Services. Look at it this way, when you shop at AAFES or Services, you get twice the bang for the buck. You get a great deal on what you pay for and the dividends come back to work for you again, and again, and again. What a partnership!

**Kindermusik**  
 with Janet Wahlquist

**Classes for: Newborn - 5 years**

*Introduction to music  
 through movement*

**CALL FOR A CLASS SCHEDULE!**



**Community Center  
 634-3140**

**PAINTBALL!**  
 • Groups  
 • Birthday Parties  
 • Squadron Competitions  
 BY APPOINTMENT

**Small Arms  
 RANGE**  
 .22 cal & 9mm Pistol Rentals  
 A great place to learn to shoot!

**Steak Sandwich Day**  
 Every Wed • from 11 am-1 pm

**Chili Fridays**  
 Bowl or Dog • from 11 am-1 pm

**ROD & GUN CLUB**  
 788-2473

**In the BX Parking Lot!**



**Flea Market**

**April 28th**  
 9:00 AM-2:00 PM

**Turn your excess stuff into CA\$H!**

>> Vendors: sign up by April 25 <<

**Community Center • 634-3140**

**Youth Center**

Held on behalf of the CDC, Youth Center & FCC

**Spaghetti Dinner  
 & Auction**



**April  
 20th  
 6:00 PM**



Enjoy a delicious meal & bid on  
 children's arts and crafts

**Tennis Classes**

**April 16, 23, 30, May 7, 14 & 21**

Ages 7-11 • 4:30 PM / Ages 12-18 • 5:30 PM

**Beginner and Advanced Beginner classes will  
 be held at the tennis courts.**

\$15 per hour-long class. **Sign up by Apr 13th**

**YOUTH CENTER • 634-4953**

**Bunny  
 Hop**  
 20-Frame  
 Game

**April 14**  
 Starts at 1 PM

Each frame filled with a  
 different & challenging surprise!

**9 PIN NO TAP**

APR 21 • 5:00 pm

\$20 entry fee - Prizes awarded

**FAMILY DAY**

Every Saturday • 1:00-7:00 pm

\$25 family of 4 - Incl: 3 games,  
 2 hot dogs, fries & 2 pitchers of soda

**Beale Lanes • 634-2299**

# SARCs, VAs provide support

*By Dr. Michael Stacy  
9th RW Sexual Assault  
Response Coordinator*

Giving first-class care to a victim, regardless of where he or she is located, constitutes the core of the Department of Defense Sexual Assault Prevention and Response Program. In order to provide consistent levels of care to victims, local personnel, known as Sexual Assault Response Coordinators and Victim Advocates, respond to assaults, ensuring the appropriate level of care is provided to each victim. Health care providers, law enforcement, criminal investigators, judge advocates and chaplains also play significant roles in response.

SARCs manage each installation's sexual assault prevention and response program, serving as the single point of contact to

coordinate sexual assault victim care and tracking the services provided to the victim from initial report of a sexual assault through disposition and resolution of the victim's health and well-being. While the SARC primarily provides management and oversight of victim care, the VA provides around the clock direct response to victims. VAs assist victims in navigating the military's response network.

They are not counselors, therapists, or investigators, but instead, they furnish accurate and comprehensive information on available options and resources so the victim can make informed decisions about their care and involvement in the investigative process.

For more information, call the Beale SAPR office at 634-3339. In case of an emergency, call the Crisis Line at 634-4000.

# *Save money on medical care*

*By TriWest Healthcare Alliance*

Care that is urgent but non-life threatening, and provided outside the military hospital or clinic, requires prior approval for MTF prime beneficiaries.

Urgent care is defined as medically necessary services required for an illness or injury that would not result in further disability or death if not treated immediately, but requires professional attention and has the potential to develop such a threat if treatment is delayed longer than 24 hours.

An urgent care condition could be a sprain, sore throat or rising temperature.

TRICARE Prime beneficiaries enrolled at Military Treatment Facilities are now required to obtain prior approval from their Prime Care Manager before seeking urgent or out-of-area care treatment. Authorization is not required for emergencies. An emergency is a condition that is emergent or life-

threatening. If a Prime beneficiary enrolled to the MTF doesn't receive prior approval from the primary care manager for urgent or non-emergency care, the care may be covered under the point-of-service option, which includes a deductible, higher copayments and cost-shares. A beneficiary may appeal the payment of a claim under the POS option if they believe the care was an emergency.

After receiving instructions from their primary care manager, call 1-888-TRIWEST to locate a network provider nearby. The below numbers can be used during a medical situation.

In Area (Duty Hours) - 634-2941

In Area (After Hours) - 634-4444

Out of Area (Duty Hours) - (800) 360-9511

Out of Area (After Hours) - (800) 360-9511

If unable to contact PCM, call assigned MTF or 1-888-TriWest.